UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported):

September 22, 2016 (September 22, 2016)

CAPITALA FINANCE CORP.

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation)

814-01022

(Commission File Number)

90-0945675

(I.R.S. Employer Identification No.)

4201 Congress St., Suite 360 Charlotte, NC 28209

(Address of principal executive offices and zip code)

Registrant's telephone number, including area code: (704) 376-5502

eck the appropriate box below if the Form 8-K is intended to simultaneously satisfy the filing obligation of the registrant under any of the following visions:
Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition

On September 22, 2016, Capitala Finance Corp. issued a press release announcing its monthly distributions for the months of October, November and December of 2016, the text of which is attached hereto as Exhibit 99.1.

The information disclosed under this Item 2.02, including Exhibit 99.1 hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 and shall not be deemed incorporated by reference into any filing made under the Securities Act of 1933, except as expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

- (a) Not applicable.
- (b) Not applicable.
- (c) Not applicable.
- (d) Exhibits.

<u>Exhibit No.</u>	<u>Description</u>

99.1 Press release dated September 22, 2016

SIGNATURES

Pursuant to the requi	rements of the Securities	Exchange Act of 1934	, the Registrant has duly	caused this report to be si	gned on its behalf by the
undersigned hereunto duly au	thorized.				

Date: September 22, 2016 CAPITALA FINANCE CORP.

By: /s/ Stephen A. Arnall
Stephen A. Arnall
Chief Financial Officer



Capitala Finance Corp. Announces Distributions

CHARLOTTE, N.C., September 22, 2016 -- Capitala Finance Corp. (the "Company", "our", or "Capitala") (Nasdaq:CPTA) declared normal distributions for the fourth quarter of 2016.

Fourth Quarter 2016 Distributions

On September 22, 2016, the Company's Board of Directors declared normal monthly distributions for the fourth quarter of 2016 as set forth below:

Record Date	Payment Date	Amount Per Share
10/21/16	10/28/16	\$0.13
11/21/16	11/29/16	\$0.13
12/21/16	12/29/16	\$0.13

Contributing factors in the distribution reduction were (1) pressure on the Company's net investment income from losses associated with reducing our exposure to energy, (2) an unwillingness to chase yield on new investment opportunities, (3) an emphasis on distribution coverage with net investment income without reliance on realized capital gains, and (4) the drag on net investment income from recent repayments, exits and sales of investments.

Capitala Chairman and CEO Joseph B. Alala, III, stated "Management and the Board of Directors consented that a 17% reduction in the monthly distribution amount is appropriate. Distribution coverage with net investment income, without reliance on an incentive fee waiver, remains a priority for us. The Company is focused on making quality investments with proper risk adjusted returns, both through directly originated lower middle market opportunities, and through co-investment with Capitala Private Credit Fund V, LP."

The Company has adopted an opt-out distribution reinvestment plan ("DRIP") that provides for reinvestment of distributions on behalf of its shareholders, unless a shareholder elects to receive cash. As a result, when the Company declares a cash distribution, shareholders who have not opted out of the DRIP will have their cash distributions automatically reinvested in additional shares of the Company's common stock, rather than receiving cash.

About Capitala Finance Corp.

Capitala Finance Corp. is a business development company that invests primarily in traditional mezzanine, senior subordinated and unitranche debt, as well as senior and second-lien loans and, to lesser extent, equity securities issued by lower and traditional middle-market companies. The Company is managed by Capitala Investment Advisors, LLC. For more information about the Company, please visit www.CapitalaGroup.com.

About Capitala Group

Capitala Group is a leading provider of capital to lower and traditional middle market companies, through its family of credit focused funds. Since 1998, Capitala Group's managed funds have participated in over 125 transactions, representing over \$1 billion of investments in a variety of industries throughout North America. Capitala Group manages both public capital (Capitala Finance Corp.) (Nasdaq:CPTA) and several private funds for institutional and individual investors, and seeks to partner with strong management teams to create value and serve as long term partners. For more information, please visit CapitalaGroup.com

Forward-Looking Statements

This press release contains certain forward-looking statements. Words such as "believes," "intends," "expects," "projects," "anticipates," and "future" or similar expressions are intended to identify forward-looking statements. These forward-looking statements are not guarantees of future performance, condition or results and involve a number of risks and uncertainties. Actual results may differ materially from those in the forward-looking statements as a result of a number of factors, including those described from time to time in the Company's filings with the Securities and Exchange Commission. The Company undertakes no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required by law.

SOURCE: Capitala Finance Corp.

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