UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

RM	

Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported):

July 14, 2020

CAPITALA FINANCE CORP.

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation)

814-01022

(Commission File Number)

90-0945675 (I.R.S. Employer Identification No.)

4201 Congress St., Suite 360 Charlotte, NC 28209

(Address of principal executive offices and zip code)

Registrant's telephone number, including area code: (704) 376-5502

Check the appropriate box below if the Form 8-K is intended provisions:	to simultaneously satisfy the fi	ling obligation of the registrant under any of the following
☐ Written communications pursuant to Rule 425 under the Se	ecurities Act (17 CFR 230.425)	
□ Soliciting material pursuant to Rule 14a-12 under the Exch	nange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule 14d	-2(b) under the Exchange Act (1	7 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule 13e	-4(c) under the Exchange Act (1	7 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the Act:		
Title of Each Class	Trading symbol(s)	Name of Each Exchange on Which Registered
Common Stock, par value \$0.01 per share	CPTA	NASDAQ Global Select Market
5.75% Convertible Notes due 2022	CPTAG	NASDAQ Capital Market
6.00% Notes due 2022	CPTAL	NASDAQ Global Select Market
ndicate by check mark whether the registrant is an emerging g Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §2		ule 405 of the Securities Act of 1933 (17 CFR §230.405) or
Emerging growth company \square		
f an emerging growth company, indicate by check mark if the or revised financial accounting standards provided pursuant to be	~	

Item 7.01. Regulation FD Disclosure

On July 14, 2020, Capitala Finance Corp. issued a press release, the text of which is attached as Exhibit 99.1.

The information disclosed under this Item 7.01, including Exhibit 99.1 hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section. The information provided herein shall not be deemed incorporated by reference into any filing made under the Securities Act of 1933, as amended, except as expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

- (a) Not applicable.
- (b) Not applicable.
- (c) Not applicable.
- (d) Exhibits.

Exhibit No. Description

99.1 Press release dated July 14, 2020

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 14, 2020 CAPITALA FINANCE CORP.

By: /s/ Stephen A. Arnall

Stephen A. Arnall

Chief Financial Officer and Chief Operating Officer



Capitala Finance Corp. Announces Portfolio Activity

Liquidity From Repayments To Assist In Plan To Decrease Leverage

CHARLOTTE, NC—July 14, 2020 (Globe Newswire)—Capitala Finance Corp. (the "Company", "our", or "Capitala") announced portfolio activity for the second quarter.

During the second quarter of 2020, the Company received over \$51.1 million in repayments from its portfolio companies including \$17.8 million in full repayment of its debt investments in Flavors Holdings, Inc. and \$13.1 million from the successful wind-down of the Company's joint venture, Capitala Senior Loan Fund II, LLC.

Management Commentary

Chairman and Chief Executive Officer Joseph B. Alala, III offered the following comments, "After a busy second quarter of portfolio activity, the Company has approximately \$95.2 million in cash as of June 30, 2020, which provides Capitala liquidity to support our existing portfolio companies, invest in new portfolio companies, pay off existing debt obligations, and service working capital needs."

About Capitala Group

Capitala Group is a \$3.0 billion asset management firm that has been providing capital to lower middle market companies throughout North America for twenty years. Since our inception in 1998, Capitala has invested in over 160 companies and seeks to partner with strong management teams to create value and generate superior risk-adjusted returns for our individual and institutional investors. For more information, visit our website at www.CapitalaGroup.com.

About Capitala Finance Corp.

Capitala Finance Corp. is a business development company that invests primarily in first and second lien loans, subordinated debt and, to a lesser extent, equity securities issued by lower and traditional middle market companies. The Company is managed by Capitala Investment Advisors, LLC. For more information on Capitala, or to automatically receive email notifications of Company financial information, press releases, stock alerts, or other corporate filings, please visit the Investor Relations section of our website.

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